



# KMCT

## COLLEGE OF ALLIED HEALTH SCIENCES

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TO WHOMSOEVER IT MAY CONCERN

This is to certify that the information in the attached documents is verified by me and is true to the best of my knowledge.



  
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### 3.4.4 Institutional social responsibility activities in the neighbourhood community during the last 5 years



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# ACADEMIC YEAR 2018-2019



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### INTERNATIONAL CLINICAL LABORATORY WEEK 2018

International Clinical Laboratory Week is an event or observance that promotes awareness and recognition of the contributions made by clinical laboratories and laboratory professionals in healthcare. It is celebrated all over in April 22-27. This year's observation is under the theme 'Medical Laboratory Professionals Get Results.' It is important to share with the public the aspects of the operating environment that are essential in such a vital service.

The main objectives of International Clinical Laboratory Week include: Raising awareness: Educating the public and healthcare professionals about the importance of clinical laboratories in disease diagnosis, treatment and prevention, recognizing laboratory professionals: Acknowledging the dedication and expertise of the individuals working in clinical laboratories, and Promoting quality and safety.

KMCT College of Allied Health Sciences celebrated the International Clinical Laboratory Week on 21<sup>st</sup> April 2018 with varieties of activities. The programme was inaugurated by Prof. Santheep Sankar (Principal, KMCT CAHS). The students of BSc.MLT conducted a survey and blood grouping programme for the neighborhood community. It was a beneficial programme for those who have difficulty to go to a clinic or hospital to know their blood group. All the details were documented, and a detailed analysis of the average blood group percentages was also conducted. Additionally, a poster presentation competition was held, and the winners were appreciated.

Fifty five students and ten teachers were participated.







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### OPTOMETRY CAMP 2018

KMCT CAHS conducted an optometry camp at Mavoor Panchayath wards 9, 10, and 12 on May 7th and 8th, 2018. The program was coordinated by the Department of Optometry. The students of B.Sc Optometry actively participated in this program, serving approximately 150 individuals from this community.

Thirty five students and three teachers were participated.



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### OPTOMETRY CAMP 2018

KMCT CAHS conducted an optometry camp at the municipal bus stand in Mukkam on July 25th, 2018 (Wednesday). They assessed a number of individuals with visual impairments and recommended corrective glasses. Thirteen patients were referred to the KMCT Ophthalmology Department for further evaluation. The program was conducted in collaboration with KMCT Medical College and Mukkam Municipality.

Thirty five students and two teachers were participated.



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### OPTOMETRY CAMP -2018

Department of optometry has conducted a camp on 22<sup>nd</sup> August 2018 at Manassery (Ward 12,13). This programme was conducted in collaboration with Mukkam municipality. Our students assessed hundreds of people around the neighborhood community and Various visual defects are examined.

Twenty nine students and three teachers were participated.

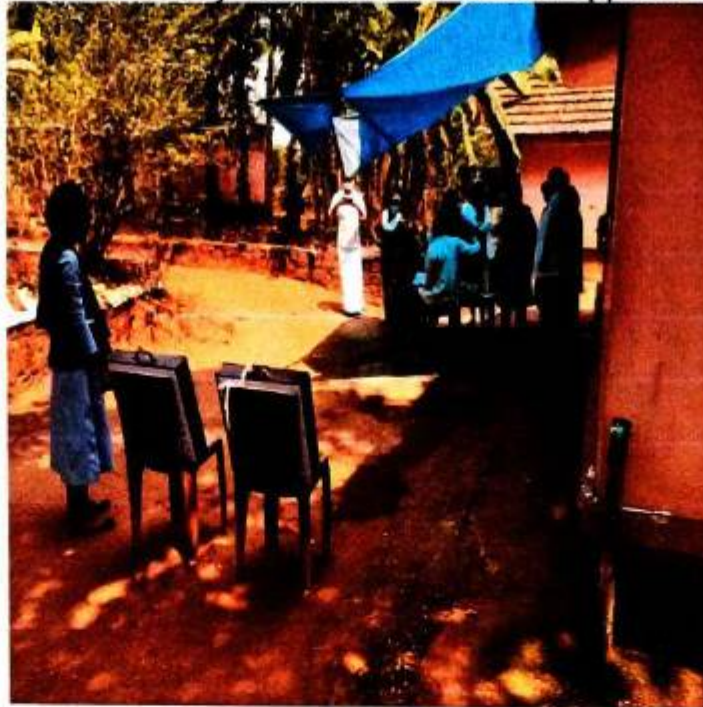




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### INTERNATIONAL PHYSIOTHERAPY DAY 2018

On the occasion of International Physiotherapy Day, the students of KMCT CAHS has conducted Physiotherapy Assessment Camp at SPINE Orthosis and Prosthesis, Manjeri (Malappuram dist.) on 8<sup>th</sup> September 2018. A bout 80 patients were evaluated and Orthosis and prosthesis are given at low cost. The students took an awareness session about the maintenance of orthosis .Through this programme our students have got a chance to know about different types of orthosis & prosthesis .

Thirty students and six teachers were participated.



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### WORLD HEART DAY 2018

World Heart Day is observed annually on September 29, and it was founded by the World Heart Federation in 2000. This global celebration provides people around the world with the opportunity to participate in the largest intervention against cardiovascular disease.

In honor of World Heart Day 2018, the students of KMCT CAHS organized a cardiac monitoring camp on September 29th, 2018 (Saturday). Members of Mukkam Municipality Ward 13 had the opportunity to have their blood pressure measured at their doorstep, and our students also provided valuable suggestions.

Two hundred and sixty eight students and fifteen teachers were participated.



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### WORLD ARTHRITIS DAY 2018

To raise awareness about the presence and impact of rheumatic and musculoskeletal diseases (RMDs), October 12 is designated as World Arthritis Day. On the occasion of World Arthritis Day 2018, the students of KMCT CAHS visited the SPINE Orthosis and Prosthesis Center in Manjeri. The Bachelor of Physiotherapy students assessed the conditions of arthritis patients and recommended appropriate orthosis for them. The program was coordinated by Prof. Vijay Selvan N (HOD Dept. of Physiotherapy) and the College Students Union.


Thirty students and four teachers were participated.



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### WORLD AIDS DAY - 2018

World AIDS Day is observed annually on December 1st, serving as a global day of commemoration and solidarity in the fight against HIV/AIDS. The theme for World AIDS Day 2018 was "Know Your Status," emphasizing the crucial importance of HIV testing in the battle against HIV/AIDS. This theme aimed to promote awareness about the benefits of testing, early diagnosis, and access to treatment and care for those living with HIV.

KMCT Students' Union, in collaboration with Mukkam Municipality, celebrated World AIDS Day in 2018 with an awareness cycle rally on December 1st. The event was inaugurated by Prof. Sandeep Sankar from KMCT CAHS. The rally commenced at KMCT Medical College, and students from KMCT CAHS (BSc. MLT, BPT, BSc. Optometry) actively participated in the program. Through this initiative, the public gained awareness about AIDS, its implications, and preventive measures.

Two hundred and sixty six students and sixteen teachers were participated.



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### WORLD DISABILITY DAY 2018 IN COLLABORATION WITH SPINE ORTHOSIS & PROSTHESIS MANJERI

Since 1992, the United Nations International Day of Persons with Disabilities (IDPD) has been observed annually on December 3 worldwide. In connection with World Disability Day 2018, KMCT CAHS organized an industrial visit to the SPINE Orthosis and Prosthesis Center in Manjeri. The students of Bachelor of Physiotherapy visited the center and provided recommendations on how to handle orthosis/prosthesis properly. They also offered insights into treatment techniques, transfer techniques, etc., for patients in need of orthosis or prosthesis.

One hundred and eighteen students and eight teachers were participated.



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### INTERNATIONAL CLINICAL LABORATORY WEEK 2019

Medical Laboratory Professionals Week originated in 1975 as National Medical Laboratory Week, or NMLW, under the auspices of the American Society for Medical Technology, now called the American Society for Clinical Laboratory Science (ASCLS). The purpose of Lab Week is to recognize and appreciate the contributions of laboratory professionals and raise awareness about their crucial work in patient care.

The main objective of celebrating Laboratory Week is to provide public awareness about the significance of laboratory testing in diagnosing and monitoring health conditions. It also aims to offer professional development through activities like educational sessions, seminars, and workshops, providing opportunities for laboratory professionals to enhance their knowledge and skills. Additionally, it facilitates networking and collaboration among laboratory professionals, fostering the exchange of ideas, best practices, and innovations in laboratory science and technology.

KMCT CAHS Students' Union and the MLT department celebrated International Clinical Laboratory Week on April 29, 2019. The program was inaugurated by Prof. Santheep Sankar, the Principal of KMCT CAHS, and HODs of various departments addressed the audience. Students prepared placards, and a marching session commenced from KMCT Medical College through neighboring areas like Manassery and Muthalam, concluding back at KMCT Medical College. They distributed brochures to the public, emphasizing the importance of Laboratory Week. A community survey regarding common blood disorders was also conducted on April 23, 2019.

Fifty five students and ten teachers were participated.







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# ACADEMIC YEAR 2019 -2020



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### PERFUSION WEEK 2019

On the occasion of Perfusion Week 2019, the CPT students of KMCT CAHS visited Grace Palliative Care in Mukkam on May 1st and 2nd, 2019. During the visit, the students assessed cardiac conditions and provided suggestions for lifestyle modifications. Subsequently, seven individuals were referred to the specialist care team for further evaluation and management.

Four students and three teachers were participated.



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WORLD HYPERTENSION DAY 2019

World Hypertension Day was initiated to increase awareness about hypertension, especially due to the lack of appropriate knowledge among hypertensive patients. The theme for this year is "Know Your Numbers," emphasizing the importance of understanding one's blood pressure measurements.

On the occasion of World Hypertension Day, the students of KMCT CAHS conducted a blood pressure checkup camp on May 19, 2019 (Sunday) from 9:00 am to 5:30 pm. Third-year students (BPT, CPT) and fourth-year students of BPT actively participated in this camp, which was held at GHSS Karuvanpoyil. Approximately 200 villagers attended the free blood pressure checkup camp.

During the camp, blood pressure measurements were documented, and students and teachers engaged in discussions with participants about their current health status.

Ninety-five students and ten teachers actively participated in this initiative.



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### WORLD ENVIRONMENT DAY 2019

World Environment Day is an annual event celebrated on June 5th to raise awareness and take action on pressing environmental issues facing our planet. Organized by the United Nations Environment Programme (UNEP), it serves as a platform for governments, organizations, communities, and individuals to come together and address environmental challenges. Each year, World Environment Day adopts a specific theme and highlights a host country. The theme directs global attention to a particular environmental issue, while the host country organizes various events and activities to promote awareness and action related to that theme. The theme for 2019 was "Air Pollution."

On the occasion of World Environment Day, KMCT CAHS celebrated with a variety of activities. Tree plantation was inaugurated by Prof. Sandeep Sankar, Principal of KMCT CAHS, and Prof. Vijay Selvan, HOD of the Department of Physiotherapy at KMCT CAHS. Subsequently, each class at KMCT CAHS planted their own trees. Staff and students of KMCT CAHS then actively participated in cleaning the surroundings of Mukkam municipality. These initiatives not only contributed to the global cause of environmental awareness but also demonstrated the commitment of KMCT CAHS towards sustainable and eco-friendly practices.

Two hundred and forty students and eighteen teachers were participated.



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### OPTOMETRY CAMP 2019

Optometry camps provide an excellent platform for individuals to delve into the field of optometry, offering opportunities to learn more about vision care through hands-on activities, workshops, and the chance to shadow optometrists.

On July 26th and 27th, 2019 (Friday and Saturday), KMCT CAHS organized an Optometry camp. The program was inaugurated by Prof. Sandeep Sankar, the Principal of KMCT CAHS. During the camp, students actively engaged in assessing visual impairments within the neighborhood community, specifically focusing on residents of Mukkam municipality. This initiative not only allowed students to apply their theoretical knowledge in a practical setting but also provided valuable vision care services to the local community.

Twenty nine students and three teachers were participated.



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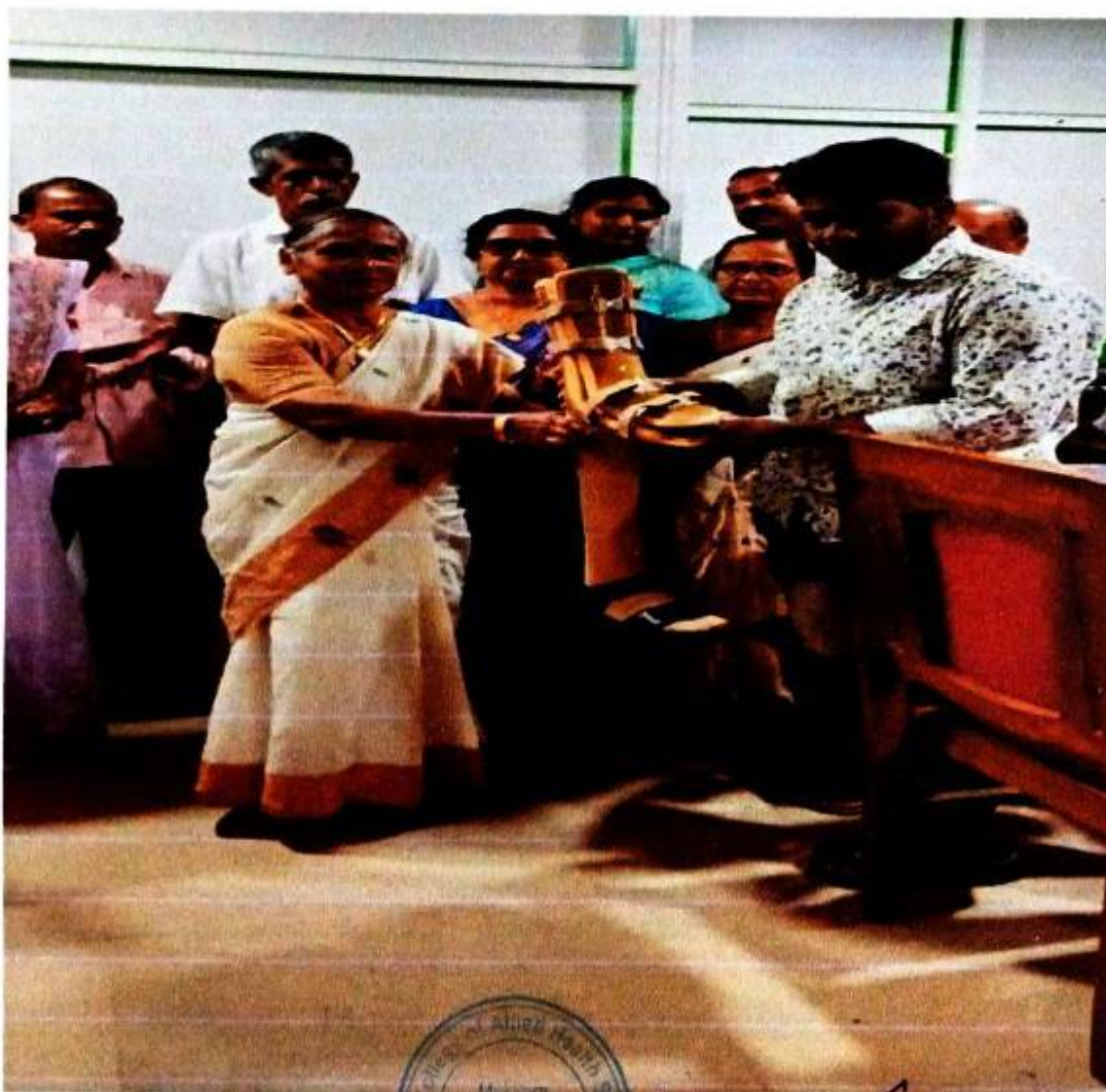
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### PHYSIOTHERAPY CAMP 2019

On the occasion of World Physiotherapy Day, the students of KMCT CAHS organized a physiotherapy camp at Grace Palliative Care in Mukkam. The celebration took place on September 8, 2019 (Sunday). Subsequently, the final-year BPT students visited Grace Palliative Care on September 9, 2019 (Monday).

During their visit, the students provided orthosis to a deserving patient who had been living with cerebral palsy for the past 13 years. This effort showcased the commitment of KMCT CAHS students to making a positive impact on individuals' lives through physiotherapy interventions, especially on significant occasions like World Physiotherapy Day.

Thirty students and nine teachers were participated.



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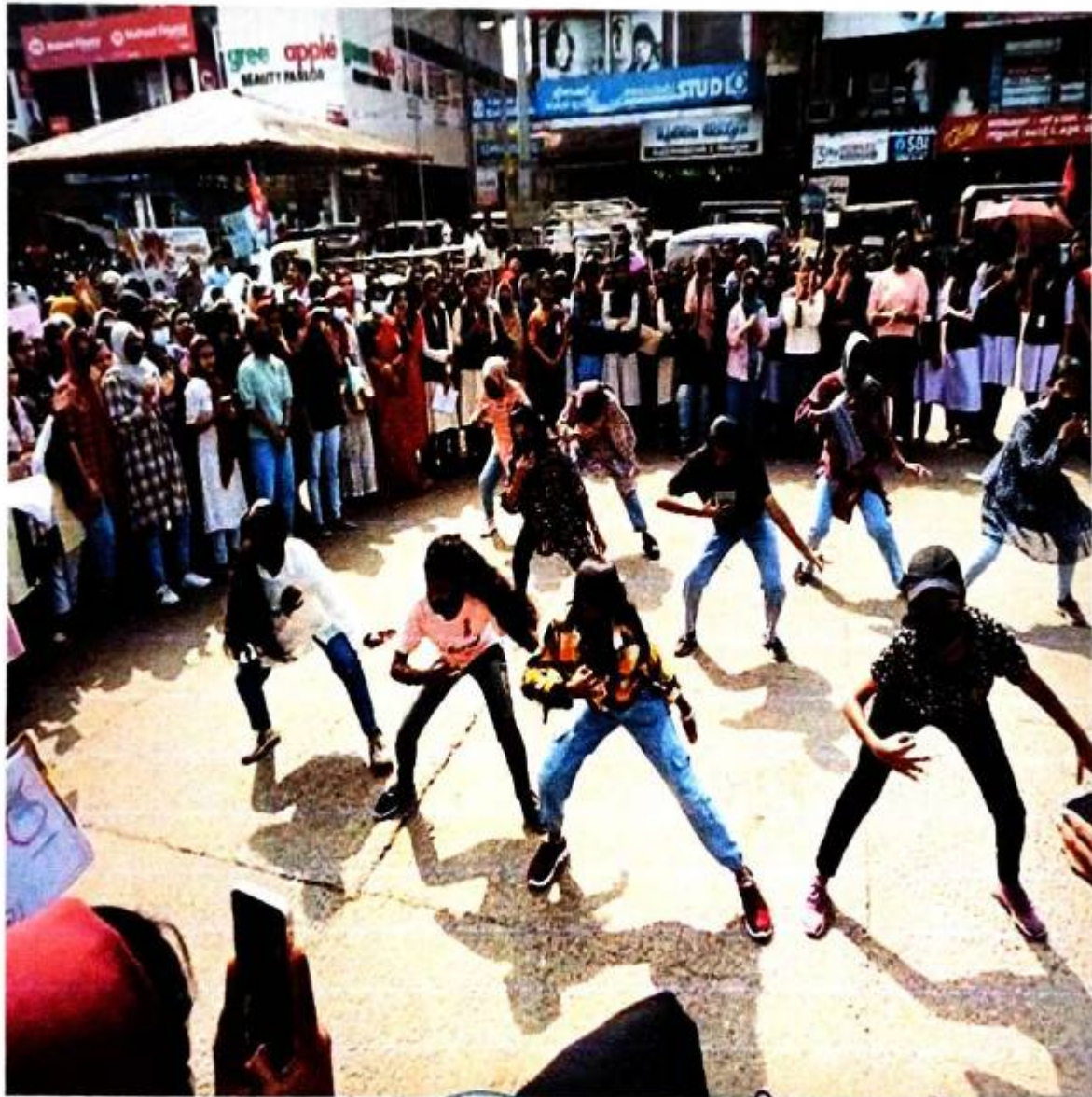
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### WORLD ARTHRITIS DAY 2019

To raise awareness about the existence and impact of rheumatic and musculoskeletal diseases (RMDs), October 12 is designated as World Arthritis Day. On this occasion, KMCT CAHS organized a flashmob at Kunnamangalam bus stand. The program was inaugurated by Prof. Sandeep Sankar, the Principal of KMCT CAHS. This initiative aimed to engage the public and draw attention to the importance of understanding and addressing arthritis and related conditions.

Sixty students and nine teachers were participated.



*Sandeep Sankar*  
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### MEDICAL CAMP 2019

KMCT College of Allied Health Sciences conducted a medical camp on December 18, 2019 (Wednesday). The program was inaugurated by the Makkam Municipal Chairman, and in attendance were the Principal, Prof. Santheep Sankar, and teachers from various departments. Students and staff from KMCT CAHS went to Makkam bus stand with the aim of checking the blood pressure, weight, BMI, muscle strength, and blood group of travelers.

Based on the details acquired during the medical checks, the students conducted an awareness session for the travelers. This initiative reflects the commitment of KMCT CAHS to community health and education by providing valuable health assessments and spreading awareness among the public.

Sixty students and nine teachers were participated





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### WORLD AIDS DAY 2019

World AIDS Day is a crucial opportunity to acknowledge the essential role that communities play in the AIDS response at the international, national, and local levels.

On the occasion of World AIDS Day 2019, the students of KMCT CAHS organized an awareness rally on December 1st, 2019. The rally was inaugurated by Prof. Sandeep Sankar, Principal of KMCT CAHS. The program commenced from CHC Mukkam and concluded at the Municipal bus stand in Mukkam. This initiative showcased the active involvement of the academic community in raising awareness about HIV/AIDS and contributing to the global effort to combat the disease.

Two hundred and forty students and ten teachers were participated



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### AWARNESS CLASS AT BLIND OLD AGE HOME KEEZHUPARAMBA 2019

The students of KMCT CAHS visited the Blind Old Age Home in Keezhupaparamba on December 19, 2019 (Thursday). During this visit, a self-care maintenance class was conducted by Mrs. Safa, Associate Professor in the Department of Physiotherapy. Additionally, a group exercise session was led by Ms. Neethu, Assistant Professor in the Department of Physiotherapy. This engagement aimed to contribute to the well-being of the residents in the blind old age home and provide valuable insights into self-care and physical activities for their benefit.

Ninety three students and fifteen teachers were participated.







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### OPTOMETRY CAMP 2020

The students of KMCT CAHS visited the Blind Old Age Home in Keezhupaparamba on December 19, 2019 (Thursday). During this visit, Mrs. Safa, Associate Professor in the Department of Physiotherapy, conducted a self-care maintenance class. Additionally, Ms. Neethu, Assistant Professor in the Department of Physiotherapy, led a group exercise session. This engagement was designed to contribute to the well-being of the residents in the blind old age home by providing valuable insights into self-care practices and facilitating physical activities for their benefit.

Seven students and four teachers were participated



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### KMCT COVID 19 HOSPITAL THUNGAMPURAM

The KMCT Group of institutions has provided the new building of KMCT College of Allied Health Sciences as the KMCT COVID 19 hospital on 8<sup>th</sup> September 2020. The programme was inaugurated by Honorable Health Minister of Kerala, Smt.K.K.Shailaja Teacher. The hospital includes various departments like Reception ,ICU, monitoring ward etc.



*[Signature]*  
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Online Inauguration of



### KOZHIKODE DISTRICT COVID HOSPITAL, THOONGAMPURAM

**KMCT COVID HOSPITAL, THOONGAMPURAM  
& KMCT VIROLOGY LAB (RT-PCR COVID-19 TEST)**



*By*

Hon'ble Health Minister of Kerala

**Smt. K.K Shailaja Teacher**

📅 16<sup>th</sup> September, 2020 ( Wednesday )

🕒 12 : 30 PM



**Shri. A. K. Saseendran**  
Hon. Transport Minister



**Shri. George M. Thomas**  
MLA, Thiruvambadi Constituency



**Shri. Seeram Sambasiva Rao**  
District Collector, Kozhikode &  
Chairman DMO

#### FELICITATION

**Shri. Dr. K. Moidu** - Chairman, KMCT Group of Institutions

**Smt. Dr. Jayasree V** - District Medical Officer, Kozhikode

**Shri. Dr. Naveen A** - District Programme Manager NHM

**Shri. Dr. Navas K.M** - CEO & Executive Trustee of KMCT Group



**KMCT**  
COVID HOSPITAL

Thoongampuram, Muthalam  
Mukkam, Kozhikode  
☎ 8281798100



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### AWARENESS CLASS ON PATIENT HANDLING TECHNIQUES- ON COLLABORATION WITH GRACE PALLIATIVE CARE MUKKAM -2020

KMCT CAHS conducted an awareness class on patient handling techniques on February 16, 2020, at Grace Palliative Care Mukkam. The focus of the awareness class was primarily on caregivers of patients who are entirely dependent on their family members. Representatives from the BPT final year students effectively led the awareness sessions.

During the class, the students provided detailed information about various patient handling techniques, including patient transfers, proper hygiene maintenance, wound care, handling assistive devices, addressing complications of prolonged bedrest, and offering support to the emotional well-being of patients. The session also included a question and answer segment to address any queries from the participants.

Tea and snacks were generously provided by the Grace Palliative volunteers, creating a conducive and interactive environment during the awareness program. This initiative demonstrated KMCT CAHS's commitment to community engagement and education, particularly in enhancing the knowledge and skills of caregivers for improved patient care,

One hundred and fifty one students and ten teachers were participated



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### ACADEMIC YEAR: 2020-2021



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### WORLD HEALTH DAY 2021

World Health Day is celebrated annually, focusing on specific health topics of concern worldwide. The theme for World Health Day 2021 was "Building a fairer, healthier world for everyone." On April 7, 2021 (Wednesday), the students of KMCT CAHS conducted a health survey.

The students visited neighboring areas, specifically ward 12 and 13, to gather details on lifestyle diseases such as diabetes, hypertension, obesity, hypo and hypertension, as well as musculoskeletal disorders and neurological impairments. The survey aimed to record health-related information and provide basic preventive measures and ergonomic corrections to contribute to building a fairer and healthier world for everyone. This initiative reflects the commitment of KMCT CAHS to community health and addressing global health challenges.

Sixty students and eleven teachers were participated







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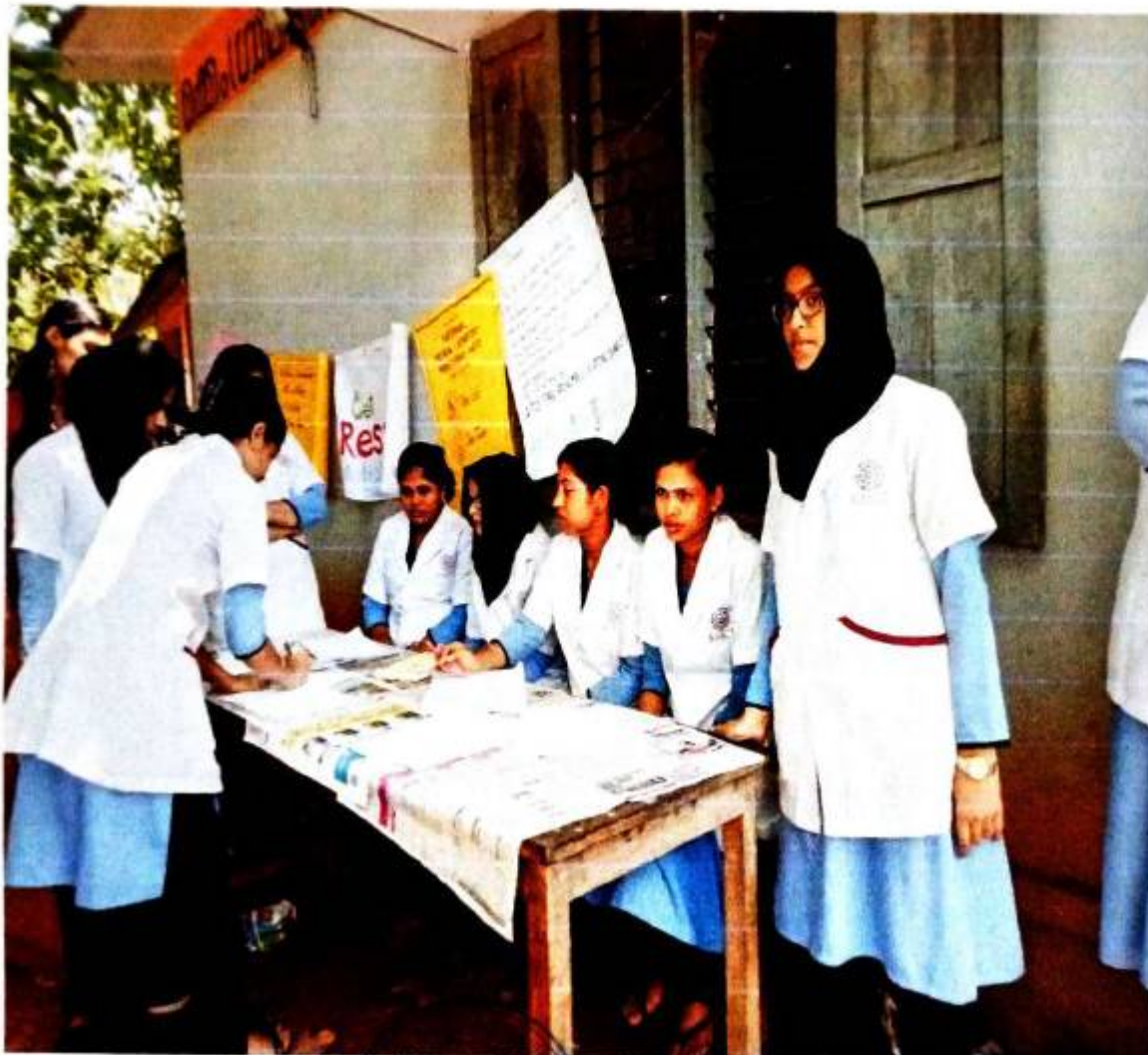
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### INTERNATIONAL CLINICAL LABORATORY WEEK 2021

International Clinical Laboratory Week is an annual event that highlights the crucial role of clinical laboratories in healthcare. Traditionally observed during the last full week of April, in 2021, it took place from April 18th to April 24th. KMCT CAHS conducted a program on April 18, 2021, to mark this significant week.

The program was inaugurated by Prof. Santheep Sankar, the Principal of KMCT CAHS, and it was held at Mukkam Municipality Library, Thungampuram. As part of the program, blood grouping was carried out for the villagers, and the collected data were documented for further evaluation. This initiative not only emphasized the importance of clinical laboratories but also contributed to community health by providing essential healthcare services. thirty students and fifteen teachers were participated



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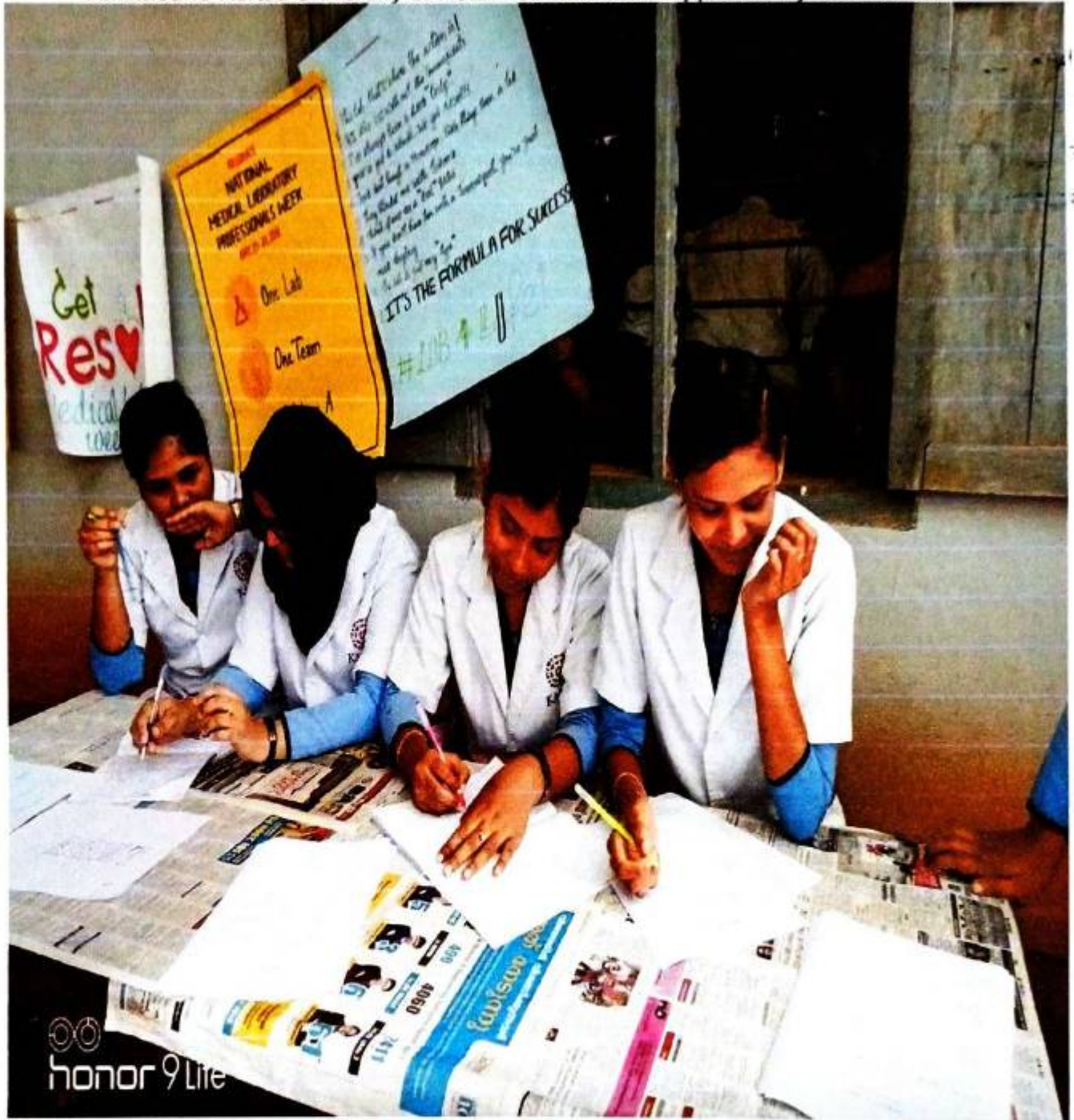




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### HYPERTENSION DAY -2021

World Hypertension Day is a global healthcare event celebrated on the 17th of May every year. The theme for the year emphasizes the importance of accurate blood pressure measurement and controlling hypertension to lead a healthier and longer life. KMCT CAHS conducted a hypertension day camp at the Pain and Palliative Center in Kodyathur from 10 am to 5 pm on May 17, 2021 (Monday).

During the program, students of BPT and CPT assessed the patients' conditions and diagnosed various abnormalities, including hypertension and hypotension. The patients had the opportunity to receive valuable suggestions from the experts at KMCT College of Allied Health Sciences, contributing to the awareness and management of hypertension in the community.

Sixty three students and two teachers were participated



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### MEDICAL CAMP 2021

The students of KMCT CAHS conducted a medical camp on August 19, 2021, at Mukkam Municipality 12th ward. The primary focus of the camp was on blood examination and blood grouping. Students from the fourth year of B.Sc. MLT and the internship batch of B.Sc. actively participated in organizing and providing healthcare services during the camp. This initiative reflects the commitment of the students to community health and well-being. Fifty nine students and twelve teachers were participated



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### PHYSIOTHERAPY DAY 2021

KMCT CAHS Department of Physiotherapy conducted a physiotherapy camp on September 8, 2021, at Pratheeksha Special School in Mukkam. During the program, students provided transfer technique skills and ambulatory skills to patients with conditions such as cerebral palsy and developmental delay. Additionally, assistive aids were provided to students in the presence of their parents.

To enhance the overall experience, tea was served, creating a supportive and interactive environment during the camp. This initiative demonstrated the commitment of KMCT CAHS to providing physiotherapy services and support to individuals with diverse needs in the community.

Thirty one students and thirteen teachers were participated



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### OPTOMETRY CAMP 2021

White Cane Safety Day is dedicated to raising awareness about the importance of the white cane as a mobility tool for individuals who are blind or visually impaired. The white cane represents not only independence and freedom but also serves as a means of identifying individuals with visual impairments to others. The day aims to highlight the capabilities and achievements of visually impaired individuals and advocate for equal opportunities and accessibility in society.

In accordance with White Cane Safety Day 2021, the students and faculties of the Department of Optometry conducted a camp on October 15 and 16, 2021. The gathering took place at Puthalath Eye Hospital in Puthiyara, Kozhikode. During the camp, third-year optometry students and interns of BSc. Optometry screened patients and members of the neighboring community to identify eye diseases and assess the percentage of blindness in these individuals.

The program was coordinated by Mrs. Resbina Ali, HOD In charge of BSc. Optometry department. As part of this initiative, the faculties and patients of Puthalath Eye Hospital appreciated the efforts of the students in conducting the camp and contributing to eye health awareness. Total 30 students and 2 staffs were participated.

The poster features a close-up image of a person's eye with a white cane tip touching it. The text on the poster includes the KMCT logo and name at the top right, followed by 'WHITE CANE SAFETY DAY' in large white letters, and 'OPTOMETRY CAMP' below it. A black rounded rectangle contains the event details: 'DATE: OCT 15/10/2021 & 16/10/2021', 'TIME: 9.00 AM - 05:30 PM', and 'VENUE: PUTHALATH EYE HOSPITAL, PUTHIYARA, CALICUT'. At the bottom, it states 'ORGANIZED BY IQAC DEPARTMENT OF OPTOMETRY OF KMCT'. There is also a circular stamp from the Department of Optometry, KMCT.

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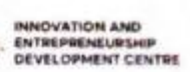
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### WORLD DIABETES DAY 2021

On the occasion of World Diabetes Day, KMCT CAHS conducted a diabetic diagnosis and awareness program on November 15, 2021 (Monday). The students of B.Sc. MLT organized a free blood sugar check-up camp at Manassery. Alongside the diagnostic services, the students conducted an awareness session where they discussed the causes, complications, and management of diabetes. This initiative reflects KMCT CAHS's commitment to community health and education, providing valuable services to raise awareness about diabetes and its management.

29 students and 5 teachers were participated



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### OPTOMETRY CAMP 2021

The KMCT CAHS conducted an optometry camp at St. Joseph Old Age Home in Thamarassery on 22nd November 2021 (Monday). The students assessed the conditions of the members of the old age home and documented visual impairments. They provided corrective lenses, and nine of them were referred to specialist consultation.

Total 30 students and 4 staffs were participated.



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Principal







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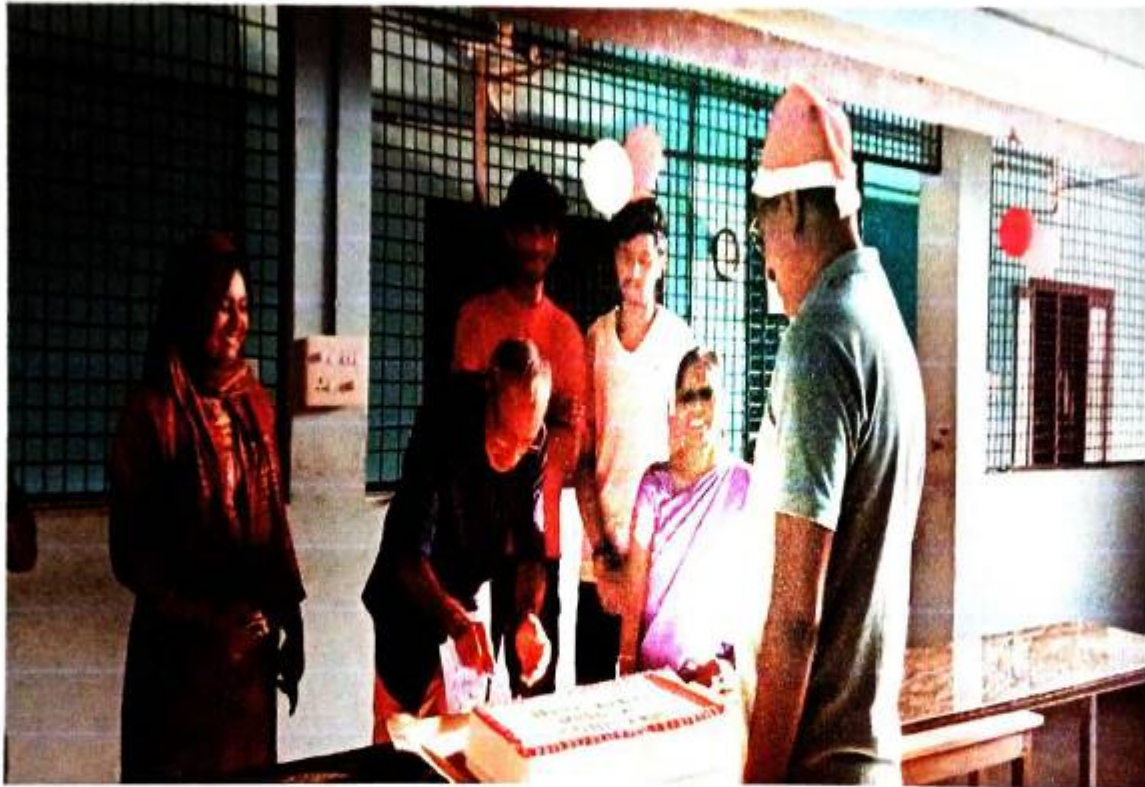
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### CHRISTMAS CELEBRATION 2021

The students of KMCT CAHS conducted a Christmas celebration at the Blind Old Age Home in Keezhuparamba. Students from BPT, MLT, and CPT visited the blind old age home, and a cake-cutting session was held on 24th December 2021. Both students and teachers participated in their happiness and celebration.

Total 120 students and 5 staffs were participated.



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### WORLD OPTOMETRY DAY 2022

World Optometry Day is celebrated annually on March 23rd. This day is dedicated to recognizing and promoting the field of optometry, which focuses on eye care, vision, and the importance of optometrists in providing eye health services. World Optometry Day aims to raise awareness about the role of optometrists in offering primary eye care and promoting eye health. It also highlights the significance of regular eye examinations for maintaining good vision and preventing eye diseases. This year, the theme was 'Highlighting Optometry Around the Globe.'

On World Optometry Day 2022, the Department of Optometry conducted a seminar session, an exhibition, and a visual screening test for students of KMCT CAHS and KMCT College of Pharmacy. The program was inaugurated by Prof. D. Sandeep Sankar (Principal, KMCT CAHS). The visual screening camp and exhibition activities were carried out by the students of BSc Optometry..

Fifty nine students and six teachers were participated.



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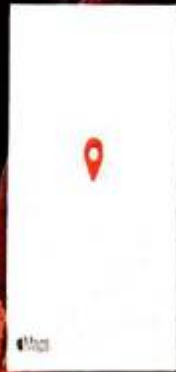




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GPS Map Camera



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### WORLD HEALTH DAY 2022

On the occasion of World Health Day 2022, KMCT CAHS conducted a wellness camp on 7th April 2022 (Thursday). The program was organized by the IQAC college union in collaboration with the Home for Destitute Blind, Keezhuparamba. A group therapy session was planned and executed by the Physiotherapy Department. Many cultural activities were performed by the students of KMCT CAHS, and the patients also participated. Students from CPT, B.Sc. MLT, BPT, and BSc Optometry actively participated in the program. Our students provided food to the blind people, and the program concluded by 5:45 pm

Total 259 students and 6 staffs were participated.



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### HEAMOPHILIA DAY 2022

KMCT CAHS conducted an awareness program on World Hemophilia Day at GHSS Karuvanpoyil on 18th April 2022 (Monday). This year's theme is 'Access for All: Partnership. Policy. Progress.' The staff and students of B.Sc. MLT participated in the program, and the awareness class was conducted by Mrs. Soumya, HOD Incharge of the B.Sc. MLT department. The causes, symptoms, management, and complications of the disease were discussed with the students, and a feedback session was also conducted.

Total 51 students and 10 staffs were participated.



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### HYPERTENSION DAY 2022

World Hypertension Day is observed on May 17 every year to raise awareness about hypertension as a public health issue. This year, the theme is 'Measure Your Blood Pressure Accurately, Control It, Live Longer!' KMCT CAHS celebrated Hypertension Day on 17th May 2022 (Tuesday) at Mount Horeb Care Center in Thamarassey. The final-year BPT and CPT students assessed blood pressure, and medical advice was provided.

Total 30 students and 8 staffs were participated.



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### DEPT. OF MEDICAL LABORATORY TECHNOLOGY

# World Blood Donor Day

14<sup>th</sup> June - 2022, Tuesday

"Donating blood is an act of solidarity.  
Join the effort and save lives"



## AWARENESS SEMINAR ON IMPORTANCE OF BLOOD DONATION & BLOOD GROUPING CAMP FOR STUDENTS

GHSS Karuvanpoyil



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## ACADEMIC YEAR 2022-2023



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### ANTI DRUG PLEDGE on 1<sup>st</sup> November 2022

On Kerala Piravi Day, the Kerala University of Health Sciences has officially mandated our college to conduct a momentous anti-drug pledge ceremony on November 1, 2022, emphasizing our collective dedication to a substance-free community.

156 students and 35 teachers participated.



### കേരള ആരോഗ്യശാസ്ത്ര സർവകലാശാല വിദ്യാർത്ഥികാര്യ ഡീനിന്റെ കാര്യായം

നമ്പർ : 34932/A3/Dean SA /KUHS/2022

തീയതി: 31.10.2022

#### പരിപത്രം

വിഷയം : - KUHS - DSA - കലാലയങ്ങളിൽ ലഹരി വിരുദ്ധ ശ്രീംഖല തീർക്കുന്നത് - സംബന്ധിച്ച്

ഉന്നത വിദ്യാഭ്യാസ വകുപ്പിന്റെ നിർദ്ദേശ പ്രകാരം കേരളപിറവി ദിനമായ നവംബർ 1 നു സർവകലാശാലയ്ക്കു കീഴിലുള്ള എല്ലാ കോളേജിലും ലഹരി വിരുദ്ധ ശ്രീംഖല തീർക്കുകയും പ്രതികാർമ്മകമായി ലഹരി വസ്തുക്കൾ കത്തിക്കുകയും ലഹരി വിരുദ്ധ പ്രതിജ്ഞ (പ്രതിജ്ഞ ഇതോടൊപ്പം ഉള്ളടക്കം ചെയ്യുന്നു) എടുക്കുകയും ചെയ്യേണ്ടതാണ്. നേർക്കൂട്ടം ശ്രദ്ധ എന്തി ജാഗ്രതാ സമിതികളുടെ നേതൃത്വത്തിൽ ടി പരിപാടി ആസൂത്രണം ചെയ്യേണ്ടതാണ്.

രമേശ് ബാബു

എല്ലാ കോളേജുകൾക്കും



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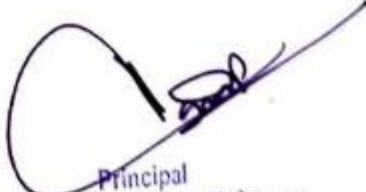
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 673572, India  
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 Long 75.963711°  
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WORLD ENVIRONMENTAL DAY 2022

World Environment Day is celebrated every year on the 5th of June, aiming to raise awareness and celebrate environmental action. This year's campaign is celebrated under the theme 'Only One Earth' with a focus on 'Living Sustainably in Harmony with Nature.' The United Nations General Assembly founded World Environment Day in 1972 to increase public awareness of environmental challenges and encourage action.

The KMCT College of Allied Health Science Students' Union 2022 conducted the Environmental Day by cleaning the Mukkam Municipality area, preparing posters, and planting trees at the college premises. All faculties and students from BPT, CPT, MLT, and Optometry actively participated in the program. The program was inaugurated by Mr. P. T. Babu, Chairman of Mukkam Municipality. Plastic waste was collected by students and handed over to the Municipality Cleaning Department.

The prize distribution for the poster presentation was conducted by Dr. Vijay Selvan (HOD, Department of BPT), Mrs. Soumya V (HOD, Department of MLT) and Dr. Manju (HOD In charge, Department of Perfusion Technology).

Total 258 students and 19 teachers were participated.



  
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Lat 11.320712°  
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### WORLD BLOOD DONOR DAY 2022

International Blood Donor Day, also known as World Blood Donor Day, is observed annually on June 14th. This day is dedicated to raising awareness about the importance of donating blood and to recognize and thank voluntary, unpaid blood donors for their life-saving contributions. This year's theme is 'Donating blood is an act of solidarity. Join the effort and save lives.'

On the occasion of World Donor Day, the Department of MLT conducted an awareness seminar on the 'Importance of Blood Donation,' and a blood grouping camp was organized for students of Government Higher Secondary School, Karuvanpoyil. The program was inaugurated by Prof. Santheep.S (Principal, KMCT College of Allied Health Sciences, Mukkam). The seminar session was conducted by Mrs. Soumya V (Assistant Professor, KMCT CAHS). Students of GHSS Karuvanpoyil actively participated in the blood donation camp. 21 students and 18 teachers were participated.



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### INTERNATIONAL PHYSIOTHERAPY DAY 2022

On the occasion of International Physiotherapy Day 2022 (September 8), the students of KMCT CAHS conducted a physiotherapy camp in collaboration with SPINE Orthosis and Prosthesis, Manjeri. The program took place at Pratheeksha Special School, Mukkam, and was coordinated by Prof. Dr. Vijay Selvan (HOD, Department of Physiotherapy). The students actively participated in the program, and 5 patients were referred for further evaluation.

Total 89 students and 11 staffs were participated.



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### WORLD HEART DAY 2022

World Heart Day is an annual event observed on September 29th to raise awareness about cardiovascular health and promote heart-healthy lifestyles. It serves as a reminder for people to take care of their hearts and make positive changes to prevent heart disease.

On the occasion of World Heart Day, the KMCT Group of Institutions conducted an outreach program as a flash mob on September 29, 2022 (Thursday). Students from various institutions of KMCT participated, with ten students from each batch of BPT, B.Sc MLT, B.Sc Optometry, and B.Sc. Perfusion representing KMCT CAHS. The program took place at the municipal bus stand in Kunnamangalam.

Total 259 students and 2 staffs were participated.



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### WORLD STROKE DAY 2022

The purpose of World Stroke Day, commemorated every year on 29th October, is to increase awareness and drive actions on stroke around the world. The theme for this year was 'Precious Time.'

On the occasion of World Stroke Day, the Physiotherapy Department conducted an assessment and rehabilitation practice at CRC Kozhikode. Internship students participated in this program. Stroke patients were selected and assessed for their current activities. The students taught transfer techniques and how to control further complications of stroke. Total 30 students and 6 staffs were participated.



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### HOME FOR DESTITUTE BLIND VISIT- 2022

The KMCT CAHS Students' Union took an initiative to visit the Home for Destitute Blind in Keezhuparamba on October 30th, 2022. The Departments of BPT, MLT, and Optometry students, along with faculties, visited the blind old age home as part of their community rehabilitation programs.

The students and staff assessed the present condition of the patients and suggested primary care techniques. Optometry students assessed their visual impairments, and documentation was done. Based on this, they provided a primary treatment plan to the authorities.

Physiotherapy department students and faculties assessed the musculoskeletal, neurological, emotional, and physiological changes, and home exercises were advised. A group exercise program was given to improve their general and emotional condition.

The Department of MLT also actively participated in this program to assess and help them with basic activities of daily living. Many cultural events are conducted in those days, both the students of KMCT CAHS and the patients of blind home participated.

289 students and 8 teachers were participated.



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### OPTOMETRY CAMP 2022 AT RAMANATTUKARA MUNICIPALITY

The KMCT CAHS Department of Optometry conducted an optometry camp at Ramanattukara Municipality on 23rd November 2022 (Wednesday) from 9:00 am to 5:30 pm. The students of the 3rd year B.Sc. Optometry actively participated in this program. Various visual defects were screened, and suitable lenses and equipment were provided. Around 45 people were detected with visual defects like cataract, glaucoma, conjunctivitis, etc.

Total 57 students and 2 staffs were participated



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### OPTOMETRY CAMP 2022

KMCT CAHS conducted an optometry camp at Muhammed Abdurahiman Memorial Orphanage (MAMO) HSS Mukkam on 24th November 2022. The camp was organized by students of BSc. Optometry. The students evaluated the visual condition of MAMO HSS, and correction procedures were discussed.

Total 30 students and 3 teachers were participated.



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### WORLD AIDS DAY 2022

World AIDS Day takes place on 1 December each year and was established by the World Health Organization (WHO) in 1988. It's an opportunity for people worldwide to unite in the fight against HIV, show support for people living with HIV, and commemorate those who have died from an AIDS-related illness. Founded in 1988, World AIDS Day was the first-ever global health day. It is an opportunity to show solidarity with the millions of people living with HIV worldwide, often symbolized by wearing an HIV awareness red ribbon on the day.

World AIDS Day 2022 is marked under the theme 'Equalize.' On December 1, 2022, KMCT CAHS conducted a procession and an awareness program at the Community Health Centre in Mukkam. The procession started from CHC Mukkam to Mukkam Municipality bus stand. The program was inaugurated by Prof. Dr. Santheep (Principal, KMCT CAHS), and the awareness session was handled by Dr. Jayakrishnan (Dept. of Community Medicine). The lamp lighting and oath-taking session took place at Mukkam Community Health Centre. On the same day, a flash mob was conducted at Mukkam Municipal bus stand..

Total 289 students and 12 staffs were participated.



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### OPTOMETRY CAMP 2023

KMCT CAHS conducted an optometry camp on 29th January 2023 (Saturday). The program was coordinated by Mrs. Resbina Ali (HOD in charge of the Optometry department). The camp took place at St. Joseph's Old Age Home in Thamarassery. Approximately 55 people had the opportunity to screen their visual capacity, and 5 of them were referred for further evaluation.

Total 58 students and 3 staffs were participated.

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### PHYSIOTHERAPY CAMP – 2023

The KMCT College of Allied Health Sciences conducted a physiotherapy camp at Grace Palliative Care, Mukkam, on 8th and 9th March 2023. Various musculoskeletal, neurological, and cardiac patients were assessed, and treatments were provided by the BPT internship batch (2019 batch). They also suggested specific ergonomic corrections, home exercises, and recommended any further diagnostic/treatment procedures for the patients. A high tea was served by the Grace Palliative Care volunteers.

Total 59 students and 9 staffs were participated.



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### BIRIYANI CHALLENGE on 14<sup>th</sup> February 2023

To help the patients of Grace palliative care Mukkam, the students of KMCT CAHS has conducted a biriyani challenge on 14<sup>th</sup> February 2023. The profit from the biriyani challenge were donated to the Grace palliative authorities.

All the students of BPT, B.Sc MLT, B.Sc. Optometry, B.Sc Perfusion technology and the teachers of various departments participated in this programme.



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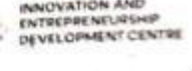
### VOLUNTARY BLOOD DONATION CAMP on March 09 2023

In collaboration with MVR Cancer center, KMCT CAHS has conducted a blood donation camp on 9<sup>th</sup> March 2023(Thursday). The programme was inaugurated by Prof.Dr.Santheep Sankar (Principal KMCT CAHS). Dr. Nithin Henry(consultant,transfusion medicine, MVR Cancer center and research institute, Calicut along with his colleagues' has conducted the voluntary blood donation camp

About 60 students and 15 teachers were donated their blood.



*Principal*  
Dr. Santheep Sankar





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### OPTOMETRY CAMP- 2023

Optometry is a specialized health care profession that involves examining the eyes and related structures for defects or abnormalities. Optometrists are healthcare professionals who typically provide comprehensive primary eye care.

In collaboration with the Department of Ophthalmology at KMCT Medical College, a team of faculty (Mrs. Anusruthi – Lecturer in the Department of Optometry) and internship students of BSc. Optometry conducted a camp to assess cerebral visual impairment at the Composite Regional Centre Calicut for patients with cerebral palsy on 30th March 2023. They assessed hundreds of cerebral palsy patients, documented visual impairments, and advocated for further management plans. Primary eye care was provided for the children with cerebral palsy, along with routine eye check-up facilities.

The camp was successful, and the initiative taken by the Optometry Department was appreciated by the parents of the patients and authorities of the Composite Regional Centre.

One staff and 29 students are participated.



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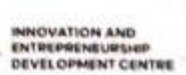
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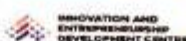
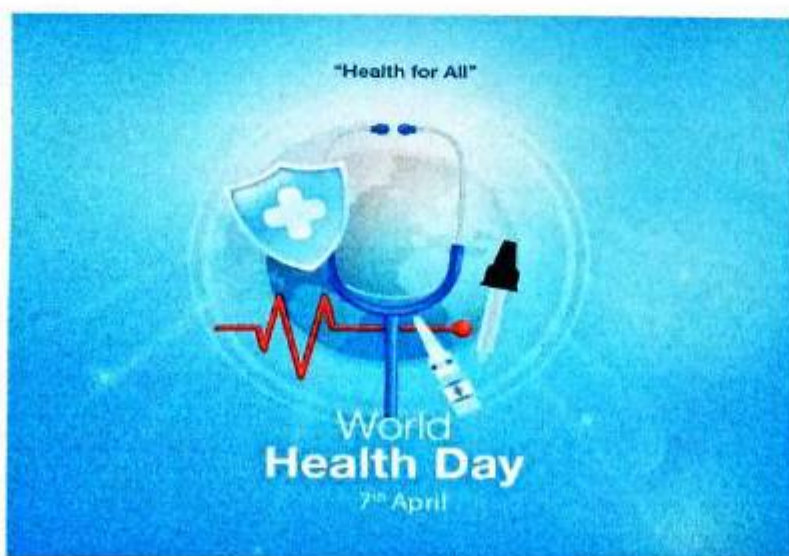
### WORLD HEALTH DAY 2023

World Health Day is celebrated annually, drawing attention to a specific health topic of concern to people all over the world. The date of 7 April marks the anniversary of the founding of WHO in 1948.

The theme for World Health Day 2023 is 'Health for All.' The aim of the theme is to create an opportunity for the world to look back at public health successes that have helped improve the quality of life over the past 70 years.

In connection with World Health Day, the KMCT Group has initiated a program called 'Helping Hands' with the aim of providing rehabilitation at a reasonable rate through KMCT College of Allied Health Sciences. The students of Bachelor of Physiotherapy at KMCT CAHS conducted a survey among patients with persistent health problems in the 27th division of Mulkam Municipality. The survey was conducted as an initial step towards finding and providing treatment at a reasonable rate, initially for those who need physiotherapy. They collected details of disabilities in the population and documented them. Physiotherapy students and teachers visited door to door on 4th, 5th, and 6th April 2023, to collect data under the guidelines and direction of Ward Counsellor Mrs. Rubina and Asha Worker Mrs. Prasanna.

59 students and 12 teachers were participated.



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### MEDICAL CAMP 2023

KMCT CAHS conducted a medical camp at Disabled Home Chevayur on 25th May 2023. The students of KMCT CAHS screened for lifestyle diseases, documented, and recorded the same for further studies. Preventive measures for these diseases were discussed with the family members.

Around 160 persons participated in the program, and a feedback session was also conducted. A total of 170 students and 2 staff members participated.



  
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